## **Nutrition**



## Cooking Demonstration: Naturally Sweetened Holiday Desserts

A Free Virtual Workshop Presented by Cancer Support Community Atlanta



Join Registered Dietitian, Nutritionist and Professionally Trained Chef, Ashley Van Cise for this fun and festive virtual event live from the CSC Kitchen. Participants are encouraged to ask questions and cook along with Ashley!



With:
Ashley Van Cise
Registered and Licensed Dietitian

Wednesday, December 8, 2021 11:00 a.m. - 12:00 p.m.

Register in advance for this program on our website at:

www.cscatlanta.org/calendar

After registering, you will receive a confirmation email containing information about joining the program.



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